



Transition Mentoring Programme 2023-2024

Overview



- ▶ Weekly 1-1 mentoring and transition support to build resilience and reduce anxiety.
- ▶ For SEND students most at risk from exclusion, poor attendance or adverse childhood experiences (ACEs)
- ▶ 162 Young people were referred to the service- due to the parameters of the funding we reduced the number to **150** for delivery based on ACEs score & highest SEND needs
- ▶ Mentors are trained to identify pathways to services within Sidewalk and external partner organisations
- ▶ We have partnered with 33 schools From **April-present to deliver Transition Mentoring in Scarborough, Whitby and Ryedale**

How we are collecting data



- ▶ mentors use beginning, midway and end evaluations
- ▶ Primary school/Secondary school staff surveys
- ▶ Parents surveys
- ▶ Mentor Case studies
- ▶ Mentee survey at end of programme
- ▶ Mentor registers



Sessions delivered

Sidewalk have delivered 2005 mentoring sessions across 33 schools from April-November 2023

Scarborough Primary's	Sessions Offered	Sessions Delivered
Braeburn	143	70
Brompton	31	23
Cayton	6	5
Friarage	192	162
Gladstone	125	83
Hertford Vale	24	20
Newby	102	88
Northstead	133	87
Overdale	56	50
Seamer	8	7
Thomas		
Hinderwell	62	50
Wheatcroft	97	81
St Peters	89	91
Grand Total	1068	817

Scarborough Secondary's	Sessions Offered	Sessions Delivered
Graham	408	336
Pindar	286	164
scalby	70	0
scalby/UTC	84	64
Scarborough College	10	3
St Augustines	156	104
Filey	30	24
Bridlington	10	6
Grand Total	1054	701

Pupils gained good relationships with mentor and were able to discuss their worries. Pupils felt supported
(Thomas Hinderwell)

"We had especially hard children to reach this year. The children were not good attendees but always were in for their mentoring sessions. One child was the only person outside two school staff they fully engaged with. Overall the children were more settled and seriously less overwhelmed by the transition"
(Friarage)

Ryedale Primary's	Sessions Offered	Sessions Delivered
Amotherby	42	33
leavening	21	17
Pickering	81	65
Rillington	41	36
Sherrif Hutton	10	7
West Heslerton	22	13
Grand Total	217	171

Ryedale Secondary's	Sessions Offered	Sessions Delivered
Lady Lumleys	100	66
Malton	91	73
Norton	97	75
Ryedale	18	9
Grand Total	306	223

‘Our vulnerable SEND children have had an amazing start to their secondary school!’
(Amotherby)

Our engagement in the programme was 100% a positive and valuable experience from the offset. Feedback from parents was also excellent. I really hope that next year we will be offered the same opportunity again to support our Y6 children

(Pickering Community Junior School)

Whitby Primary's	Sessions Offered	Sessions Delivered
Sleights	27	14
West cliff	36	19
Grand Total	63	33

Whitby Secondary's	Sessions Offered	Sessions Delivered
Caedmon	70	60
Grand Total	70	60

“Pupils moved on to secondary school far more confidently than previously expected”
 (West Heslerton)

Transition Beginning & Midway Evaluations



Questions presented to Mentees	% change
1. I am organised	+ 20%
2. I feel safe with change	+19%
3. I know how to deal with emotions that feel challenging	+25%
4. I feel ready for secondary school	+33%
5. I know how to build and maintain friendships	+11%
6. I feel confident in coping with disagreements	+12%
7. I know how to find help if I need it	+10%

The table presents data from 130 Young peoples evaluations conducted at the beginning and Midway showing a positive increase in all areas.

'It's improved his confidence and helped him make new friends.'
(Parent)

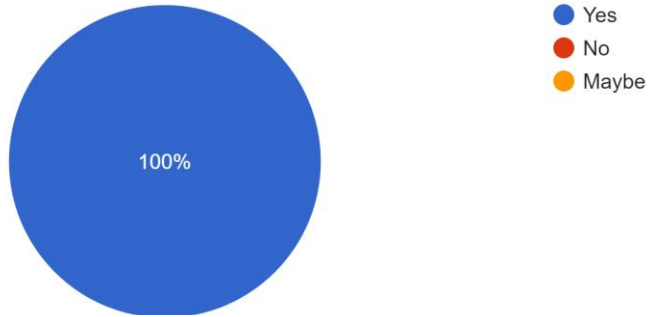
"C usually struggles to adapt to change but having this in place has really helped him settle into his new routine" (Parent)

What do schools think?

Primary's that we surveyed- 100% would recommend the service



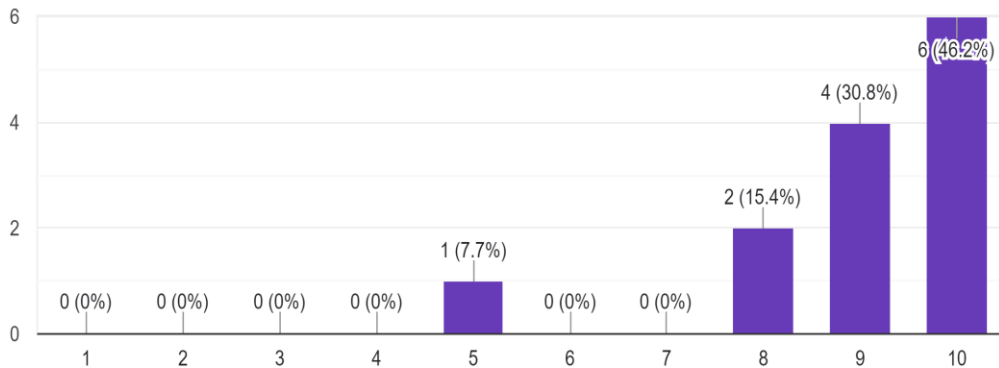
Would you recommend the service
13 responses



(CAMHS Practitioner)

I am aware of the work you have done supporting pupils from Sleights school, I do hope the funding gets extended as this has been an amazing transition project!

How Helpful have you found the mentoring service?
13 responses



(SENCO/Assistant Headteacher Amotherby)

'I just wondered if the sidewalk youth project is going to be available to Primary schools in the Ryedale area again next year? If so, how do we sign up for it?'

Sidewalk

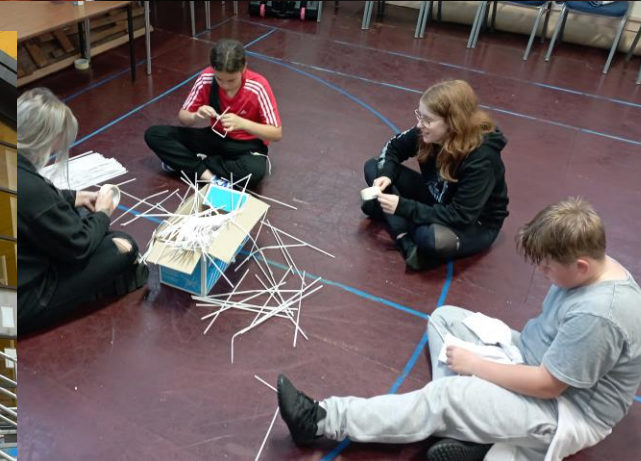
Youth Project



Sidewalk Summer Club
Mon 31st July – Thursday 3rd August



‘H loved the summer club and made new friends. He struggles socially so this was a good informal way for him to meet new people’
(Parent)



- A total of **47** Young people registered for the Transition Summer Club
- Rap sessions
- Open club activities- Crafts, games, table tennis and more
- Trips-Bowling, **Jiu Jitsu** Trip to Alpamare
- Basketball mini sessions
- Well being in mind delivering resilience workshop
- Lunches provided

Summer club Parent Feedback

“The summer club gave C an opportunity to have some fun new experiences and he made two new friends as well.”

“Growth in confidence”

“Higher confidence in himself to meet new people and make friends”



Additional impact.....

- ▶ We have seen a significant rise in high level Safeguarding concerns identified within mentoring sessions- this has meant schools being able to act quickly to ensure right provisions are in place for that student
- ▶ Young people engaged with the current and previous Transition Programme have successfully engaged with other provisions within Sidewalk
- ▶ Mentees sharing their experience with peers has led to increased engagement in other Sidewalk services
- ▶ Sidewalk offer an accompanying service for mentees looking to access out of school activities through additional funding schemes identified by their mentor
- ▶ We have already started receiving expression of interest emails from new and existing schools interested in signing up to the programme in 2024...



Dear Sidewalk,

I am looking to ask if you cover the Whitby area, I am a class teacher/ SENCo in a small village school with a need for some of our pupils to make supported transitions. You were recommended to me by an SEMH colleague from the SEND hub.

(Teacher/ SENDCo -St Heddas Catholic Primary School, Egton Bridge, Whitby)