

H&R Building Emotional Health in EYs (2022-23)

Course date: March 2023

4 responses from 16 delegates across 12 settings

Has this training improved your settings' inclusivity?

100% said yes

How would you change your practice as a result of the training?

Made me think about what activities I am doing and why and the suggested activities aren't unrealistic or outrageous. They are achievable. Louby Lous Nursery

More intervention for emotion regulation. Look at supporting children to stay in their window of tolerance. White Rabbit pre-school

Wait for the child to be ready to talk, move them away to a safe space where they can have their meltdowns and provide an activity not too stimulating and something that doesn't challenge their thinking Mill Hill Primary School

Thinking about the language that we use with children and about children. How we can co-regulate and give children the tools to regulate themselves. Le Cateau CP School

Would you recommend this training?

100% said yes